



Kingston Lake(Great Pond) Association Inc.

Newsletter

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SUMMER 2021

You can do something about storm water run-off.

Storm Water Run-off is caused by: new or increased impervious surfaces, eroding soils, fertilizers, pet waste, leaking septic systems, lawn and auto chemicals, road salt and increased water temperatures.

These are KLA spring and summer dates.

**May 8, 2021
Kingston State
Park Clean up**

**June 12 Shoreline
Clean Up**

**June 30
Membership
Meeting**

**July 25 Bruce
Anderson Regatta
at Camp Lincoln**

Are you interested in participating in our lake programs? We have something for everyone.

Lake Hosting

Weed watching

Water Sampling

**Join us for the
Regatta on
Sunday, July 25.**

Corona Virus 19 made us all aware of how important our God given natural resources are to our mental, physical and spiritual well-being. A healthy water body is so important.

In Kingston, we are fortunate to have Kingston Lake and the State Park in the middle of town. The Park has been busier than usual as folks are walking, riding bikes, and picnicking. Being able to enjoy the out of doors during these challenging times is wonderful. The ice went out on March 8; the boating activity began the next day. There have been kayaks, fishing boats, and even a sail boat on a warm April morning. Being near water has a calming effect. We at KLA hope you are enjoying the benefits of having Kingston Lake in your back yard.

Please join us on May 8, 2021 for the clean up in the Kingston State Park from 9-1. This is your chance to give back to the Park that serves us so well.

Here are the water sampling results from 2020.

This is a quote from our report from the Volunteer Lake Assessment Program (VLAP). "Great job sampling in 2020. Pond algal (chlorophyll) growth and nutrient (phosphorous) levels have generally remained below the threshold for mesotrophic (middle age) lakes since 2014 and the improving chlorophyll levels are encouraging. Water clarity (transparency) also appears to have improved since 2014. Drought conditions in 2020 and the lack of stormwater runoff led to improved water quality overall. This highlights the importance of continued management of stormwater runoff within the watershed." KLA's water sampling team includes: Bill Bixby, Steve White and Jim Edwards who transports the samples to Concord. We sample two deep spots on the lake and the following tributaries: Ball Rd Inlet, Great Pond Park Rd, Kelly Brook Inlet, Thayer Road Inlet and the Outlet at the Dam. We sample on the third Monday in June, July and August.

KLA supports the NH Lakes' LakeSmart Program. The LakeSmart program is an initiative of the NH Lakes Association; it is an education, evaluation, and recognition program that assists property owners in managing activities in their home, on their property and along the lake that help keep lakes clean and healthy. It begins with the property owner taking an online survey. The property owner can send in pictures and/or invite

KLA has a table on Saturday morning at Kingston Days. We use this opportunity to talk to our friends and neighbors about our programs and our mission. Our mission is to protect healthy water quality in Kingston Lake and the greater watershed area.

Protect

Preserve

Participate

Educate

KLA Officers:

**Muriel Ingalls, Pres
Steve White, V Pres
Susan Palmeter, Sec
Ben Bixby, Treas.**

**Board of Directors:
Betty Wright, Bill
Bixby, Betsey Bixby,
Larry Smith, Sumner
Kalman, John
Whittier, Jim
Edwards, John
Halloran, Pat Keeler,
David Buehler, we
need a web master.**

Weeds are not all bad. They are a natural part of a water body and they provide food and habitat for fish. However, too many weeds are a nuisance. You can help to stop the spread of weeds by avoiding stormwater run-off and pumping your septic system every two years. Don't fertilize near the lake.

an evaluator to their property. Property owners receive a confidential assessment with lake friendly suggestions for property management. Property owners who score high will receive a LakeSmart Award-two signs that they can post on their property. A LakeSmart property owner would be concerned about soil erosion and pollutants that go into the lake. Paved areas near the lake allow storm water run-off into the lake. Beautiful lawns require fertilizers so a better choice would be to have natural barriers like lake-friendly shrubs, such as ferns, low bush blueberries, or groundcover near the lake to protect the lake from pollutants and storm water run-off. This kind of ground cover provides food and shelter for animals as well as a filtration system for the lake.

Here is information and websites you can use to assist in managing stormwater run-off. NHDES' "Homeowners Guide to Stormwater Management". Soak up the rain in NH. www.soaknh.org. www.nhlakes.org/lakesmart/.

2020/21 Lake Host Program. The Lake Host Program is a courtesy boat inspection program. Paid and volunteer lake hosts staff the town and state ramp areas and inspect boats as they come and go from the lake. Lake Hosts make sure that boats, trailers, and gear are free of exotic aquatic plants and animals. It is important to **wash, drain and dry** all equipment entering and exiting the lake, as once these invasive species enter the lake, they take over, spoiling the lake for recreational use. **This past summer Lake Hosts performed 2,632 boat inspections at the State Ramp and 558 inspections at the town ramp.** Money for this program comes from a grant funded by the State of NH and our local citizens in Kingston. Betty Wright is the KLA program coordinator for the Lake Host Grant. Anyone interested in becoming a paid or a volunteer lake host can contact Betty at bettywrightnh@gmail.com.

NH Lakes Lake Host Charitable Giving Program. You can make a donation to the Kingston Lake Host Program. Your donation will go directly to the Kingston Lake Lake Host Program. Contact Betty Wright for more information or go on line at NH Lakes Lake Host Program. www.nhlakes.org/lakehost/

CD3 Station sounds like something out of Star Wars, but it is NH's Clean Drain Dry Dispose Systems. These waterless systems empower boaters to prevent the spread of invasive species with user operated cleaning equipment. Four models are available. All models include a wet/dry vacuum, air blower, tethered hand tools and LED lights. KLA's long term goal is to provide one of these systems at the State boat ramp. When boaters exit/enter the lake they will use this system to clean their boat, trailer and other gear. KLA hosted this system over Labor Day weekend in 2020. Look for this system to appear in the summer of 2021. The CD3 Station was parked in the parking lot across the street from the boat launch areas.

A family or individual membership to KLA is \$40. Our budget includes: dues to NH Lakes, and Loon Preservation Society, \$500 scholarship to a YMCA Camper, support for our activities, and printing and postage for our newsletter. Each year we set money aside in the budget for the "weed fund".



EDUCATE

Bald Eagles



Are on Kingston Lake. Eagles breed in forested areas near water. They have a wing span of 6-8'. They reuse the same nest and pairs stay together for years. They diet mostly on fish and small mammals. They are legally protected in NH.

Check Out Our Spring and Summer Schedule

The Adopt- a- Park Program. On **Saturday May 8, 2021** volunteers will sweep into the Park with rakes, tarps, trucks and tractors to spruce it up for another summer season. Please bring your own sandwich or snack. We can use your help. Our goal is to clean the beach and picnic area by the beach. Many hands make light work.

Spring Lake Clean-Up is Saturday June 12th from 1:00 - 3:00. KLA boaters will navigate the lake picking up sticks, logs and other winter debris that could be hazardous to boating and swimming. If you have debris that needs to be removed, contact us.

June 30, 2021 Annual Membership Meeting 7-8:30 in the Pavilion at Camp Lincoln. We will have a social time with refreshments from 7:00 – 7:30. There will be a 45-minute presentation by Forrest Bell from Forrest Bell Environmental at 7:30, and there will be time for your questions. Watch the newspaper for details about this program. Mark your calendar.

The Bruce Anderson Kayak/Canoe/Paddle Board Regatta is scheduled for Sunday July 25, 2021. This fun family event, named after its founder, continues to grow. The three-mile course is around the perimeter of the lake beginning at Camp Lincoln. Kayaks and PFDs are available at Camp Lincoln. Paddle board course will be around the island. Registration begins at 9:30 and the starting bell is at 10:30. Refreshments are available before and after the race. The registration fee is \$5.00 per person. Prizes are awarded in several categories.

Kid's Kayak Raffle. Once again, we are raffling off a children's kayak. The raffle tickets are 1 for \$5.00, 3 for \$10.00 and 7 for \$20. Tickets will be available at our membership meeting on June 30, and our Regatta on July 25. The drawing will be held at the end of the Regatta. This is one of our fundraisers to support our programs. Look for our budget details on the sidebar on page 3. Call Muriel Ingalls at 642-3156 to purchase tickets or contact Holly Quellette at 777-2625.



KLA has a special relationship with Camp Lincoln. We appreciate the support they provide us. The Camp Director, Reid Van Keulen is very creative and helpful. This year KLA will be at the 3 community days at Camp Lincoln, June 22, July 27 and August 24. We will set up several hands-on stations that will allow folks to observe firsthand the importance of a healthy lake.

Loons



The loons are back. We heard their calls in early April. Boaters be aware of these special birds. They are legally protected in NH.

Please clip and return to KLA. Enclosed is my check for \$40 for membership renewal/donation. Dues are usually paid in May/June.

Name _____

Address _____

Phone _____

email _____

I would like to help with _____

____ Please contact me.

I think this family/couple/individual would like to join the Association.

Name _____

Address _____

KLA is planning something new. A boat drive in theatre.

The details are a work in progress. What we hope for is a theatre projection at Camp Lincoln that you will be able to watch and enjoy from your boat. This will be a fund raiser for KLA, watch for details in the Carriage Towne News.

The History of Pine Acres by Muriel Ingalls



Pine Acres was 100 Years old in 2020. There is a cement block in the basement of the house that reads 1920. Pine Acres was originally called Seacomb Shore around the 1900's. In 1935 a girls' camp known as Camp Zonka was established. Rich young ladies from CT and NY traveled to Kingston and stayed in the rustic one-bedroom bunk cabins. There was a wash house, and a cook's cabin. The girls took their meals in the large living room in the main house. Camp Zonka had a clay tennis court and horseback riding in the adjacent field.

Herman and Edith Teuber purchased the property in the early 1950's, they named it Pine Acres. They remodeled the cabins and added bedrooms and porches. They had a thriving housekeeping cottage rental business for more than 20 years with the same families returning year after year. Some of the children from those families continue to drive around the circle rekindling their happy memories.

Dave and I purchased Pine Acres in 1970 from the Teubers. When we moved in, the house had a coal burning furnace and a kerosene burning cook stove in the kitchen. The winter of 1971 was very snowy. We plowed the driveway with a Model A Ford truck. That truck was the one used to deliver ice around town in previous decades. Spring eventually arrived at Pine Acres. As soon as possible, we began the spring cleanup, followed by cottage cleaning and preparation of water equipment, docks and boats. By Memorial Day weekend, our first cottage renters arrived and our summer season began. We continued the rental business for many years. Now we are more like the Ingalls compound as the five cottages dwindled to three, and are rented to family and friends. Wooden boats are replaced with kayaks, wooden docks are now aluminum and the list goes on. What has not changed is the joy and peace of living on Kingston Lake in a secluded pine grove in the middle of a lovely historic town; and sharing this paradise with those who love it as much as I do. This summer will be the 50th Pine Acres rental season under the Ingalls.